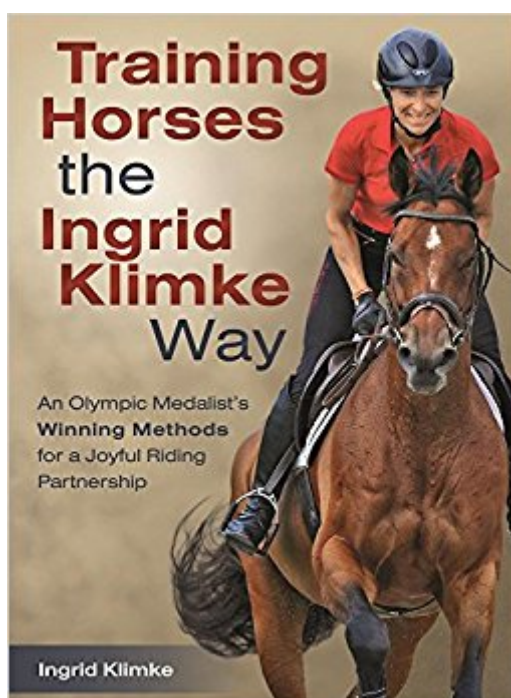


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# Training Horses The Ingrid Klimke Way: An Olympic Medalist's Winning Methods For A Joyful Riding Partnership



## Synopsis

Olympic gold-medal-winner Ingrid Klimke was born under a bright star when it came to fulfilling dreams of equestrian greatness. Her father, the renowned Dr. Reiner Klimke, was an Olympic rider himself, and he instilled his principles of training and riding with the good of the horse in mind in his daughter at a young age. Ingrid has furthered her father's esteemed legacy, modernizing two of the classic works by her father; the bestselling *The New Basic Training of the Young Horse* and *Cavalletti*; and tirelessly championing a balanced, fair, and caring system of training the horse that ensures his physical and mental well-being even while preparing him for the very top levels of international competition. And now Ingrid has written a book of her own, detailing her personal system of bringing a horse along through the stages of progressive development, and providing readers guidelines and exercises to ensure success without stress at each milestone. The result is surely a joyful partnership between rider and horse that will go the distance.

## Book Information

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## Customer Reviews

Olympic gold-medal-winner Ingrid Klimke was born under a bright star when it came to fulfilling dreams of equestrian greatness. Northwest Horse Source She had the great, enviable advantage of being the daughter of the late legendary German dressage master Dr. Reiner Klimke. Ingrid Klimke carries on the family legacy and then some, excelling in dressage although her primary sport is eventing and becoming what many call the world's finest horseman of our time. Students of dressage know the Kilmkes through their classic book, now called *The New Basic Training of the Young Horse*. Ingrid Klimke builds on that text with her new book, *Training Horses*

the Ingrid Klimke Way. This isn't a standard how-to dressage text. Instead, it's the closest most of us will come to spending an extended period of time in the Klimke stable. Klimke takes us through "My Guiding Principles for Training", including the equipment and the people who help keep Team Klimke and its horses happy and healthy. She discusses the elements of her training programs, from cavaletti to jumping exercises. In the final third of the book—perhaps the most fascinating—Klimke discusses "My Horses: Character Types from Shy to Go-Getter". She introduces some of her top horses, and outlines her training plan for each horse. It's a wonderful insight into a top rider's training decisions and how she customizes the work to suit the individual horse. USDF Connection

Ingrid Klimke is an international trainer of dressage, show jumping, and event horses, and currently competes for Germany as an event rider. She had always been able to call on her father Reiner Klimke's experience but has also been greatly influenced by Fritz Ligges, Ian Miller, and Anne Kursinski. She's appeared at five Olympics, from 2000 to 2016. With her horse Abraxxas, she won two gold medals in team eventing, at the 2008 Summer Olympics and the 2012 Summer Olympics. She won a team silver medal with Hale Bob at the 2016 Summer Olympics in Rio. She placed seventh at the 2002 Dressage World Cup Final with the horse Nector van het Carelshof. In January 2012, she was promoted to a "Reitmeister" (Riding Master, a special title of the German Equestrian Federation). Klimke is the second woman ever to be promoted as "Reitmeister".

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